

Bike & BrunchSM

June-July 2010 Ride Schedule

Sunday June 6

Hill Haters Half Hundred, Nokesville, VA
24/31 Miles. *Gentle—Moderate Hills*

Ride Start: Brentsville Regional High School. Take I-66 West to EXIT 44, Route 234 South. Go 5 miles and EXIT to Route 28 South. Go 4.5 miles and turn LEFT onto VA 652 (Fitzwater Dr.). Go 1 mile, turn RIGHT on Aden Road. Go .8 miles and then LEFT into Brentsville Regional High School.

Map: <http://tinyurl.com/cxwt8a>

Meet at 10:00, leave promptly at 10:30

Sunday June 13

A New Deale - Davidsonville, MD.
31/43 miles. *Gentle – Moderate Hills*

Ride start: Davidsonville ES. Take I-495 to Route 50 East. Go approx. 11 miles. EXIT onto Route 424 South (exit 16) towards Davidsonville. Go 3.3 miles and turn RIGHT on Rte. 214. In 0.7 miles, turn RIGHT into Davidsonville Elementary School.

Map: <http://tinyurl.com/4qx2ue>

Meet at 10:00, leave promptly at 10:30

Sunday June 20

Portside Pacer, Indian Head, MD.
11/30 miles. *Gentle hills*

Take I-495 to exit 3A, Indian Head Highway South, Route 210. Go south approximately 14 miles on Indian Head Highway and take a left on Route 227. Go 0.8 mile, take a right into JC Parks Elementary School parking lot. Map: <http://tinyurl.com/3po78t>

Meet at 10:00, leave promptly at 10:30

Sunday June 27 —

Ride from East Falls Church Metro.
Details coming soon.

Sunday, July 4 - No ride today.
Happy Fourth of July!

**Remember, All July rides
meet at 9:30 and leave
promptly at 10:00**

Sunday, July 11 - Rural Pleasures, Calverton, VA

12/30/47 Miles – *Gentle-Moderate Hills*

Ride Start: HM Pearson ES. Take I-66 West to EXIT 44, Route 234 South. Go 5 miles and EXIT to Route 28 South. Go 11.5 miles and turn RIGHT onto 603 in Calverton. Go .9 miles and turn RIGHT into the school. Map: <http://tinyurl.com/3oyhal>

Meet at 9:30, leave promptly at 10:00

Sunday, July 18

Chesapeake to Patuxent, Northern HS
29 & 38 miles. *Gentle hills.*

Take I-495 to exit 11, MD 4 east. Go east and south approximately 20 miles on Rte 4 and take a right on Chaneyville Road. Go 0.8 miles; take a left into Northern High School parking lot.

Map: <http://tinyurl.com/4os4e2>

Meet at 9:30, leave promptly at 10:00

Sunday, July 25

Monocacy Aqueduct – Poolesville, MD.
18 & 27 miles. *Gentle – Moderate Hills*

Ride start: Poolesville High School. Take I-270 North to EXIT 6B, Route 28 West. Follow Route 28 West for 11.5 miles. Turn LEFT on Route 107, Whites Ferry Rd. Continue for 5 miles into Poolesville. Turn LEFT on West Willard Rd. Go 0.2 miles and turn LEFT into the school parking lot.

Map: <http://tinyurl.com/4f26gJ>

Meet at 9:30, leave promptly at 10:00

Call (301) 881-BIKE, confirm directions or for weather-related cancellations or changes

E-mail social@bikeandbrunch.com to RSVP for BBQ rides

If you ride with us, you **MUST** wear a helmet

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